

## HEEADSSS – AN INTRODUCTION FOR PRACTICE

Designed and developed by SureSkills, this course is delivered as a face to face workshop or as an elearning course.

However you learn, this course provides an introduction to a framework that strengthens skills in identifying issues that may have an impact on a young persons health and well-being.

This structured approach helps identify the key issues impacting on health and well-being. It takes a strengths-based approach, and progresses from routine questions to more probing ones, giving the interviewer a chance to establish an early rapport.

The course is designed for all people who connect and work with young people.

Expected learning outcomes include:

1. Identify and demonstrate effective communication and engagement skills with young people.
2. Understand principles of consent and confidentiality.
3. Describe and demonstrate why HEEADSSS is an essential framework to use in youth health and wellbeing.

**You can purchase the elearning version for just \$49.95 from  
[www.sureskills.co.nz](http://www.sureskills.co.nz)**

**For face to face learning contact us at [contact@sureskills.co.nz](mailto:contact@sureskills.co.nz)**

Our Face to face workshop is accredited by College of Midwives. Accreditation is also being sought by Pharmaceutical Society NZ, College of GPs and College of Nursing.

Remember all SureSkills workshops can be tailored to the specific needs of you service. Email [contact@sureskills.co.nz](mailto:contact@sureskills.co.nz) to see how we can help.

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For more information on this and other professional development and learning programmes please visit our website [www.sureskills.co.nz](http://www.sureskills.co.nz)