

Designed and developed by SureSkills, this course is delivered as a face to face workshop or as an elearning course.

However you learn, this course provides a robust approach to improve the knowledge and understanding of youth health, the signs and symptoms of common youth health issues and where to seek further health and support.

The course is designed for all people who connect and work with young people aged 10 to 24 years.

Expected learning outcomes include:

1. Recognise signs and symptoms of youth health issues.
2. Understand health literacy and how it relates to the role of the youth professional.
3. Identify and demonstrate opportunities to improve the health literacy of young people.
4. Connect and network to community based health and wellbeing services.

**You can purchase the elearning version for just \$49.95 from
www.sureskills.co.nz**

For face to face learning contact us at contact@sureskills.co.nz

Our elearning course is accredited is being sought by Pharmaceutical Society NZ, College of GPs and College of Nursing.

Remember all SureSkills workshops can be tailored to the specific needs of you service. Email contact@sureskills.co.nz to see how we can help.

For more information on this and other professional development and learning programmes please visit our website www.sureskills.co.nz